



Safer Internet Day 2021

This year's theme is...An internet we trust: exploring reliability in the online world

On **Tuesday 9th February** we will be joining schools and youth organisations across the UK in celebrating **Safer Internet Day 2021**. Safer Internet Day is a global campaign to promote the safe and responsible use of technology, which calls on young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers, and more to join together in helping to create a better internet.

Using the internet safely and positively is a key message that we promote in Newport Community Primary Academy, and celebrating Safer Internet Day is a great opportunity for us to re-emphasise the online safety messages we deliver throughout the year.

We would be delighted if you could join us in celebrating the day by continuing the conversation at home. To help you with this, you may be interested in downloading the free Safer Internet Day Education Pack for Parents and Carers which is available at: saferinternet.org.uk/sid-parents.



How can we balance screen time?

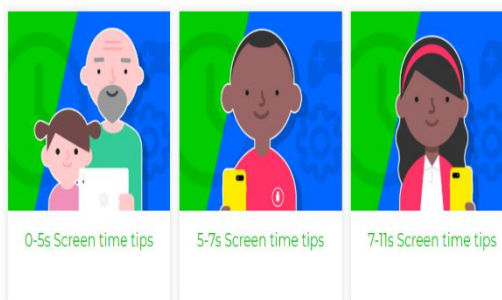
It has never been harder to know how much screen time to allow your child. With online learning now widespread, and children catching up with friends online, it can seem impossible to know how much screen time is right. It all depends on your family circumstances. Some tips and guidance can be found here at [Effects of screen time - Internet Matters](#)

Ways of Staying Safe In Video Calls

We are all now using video calls for lessons and keeping in touch. Check out these tips for staying safe.

- Remember you can leave the call if anything makes you feel uncomfortable.
- If something does make you feel uncomfortable, end the call and tell a grown up.
- Only accept invites from people you trust.
- Don't share anything personal, embarrassing or inappropriate. It might be recorded.
- To avoid strangers 'zoombombing' (entering and taking over the call), use secure links and only share with those you trust. If possible, use a password.

For more information check out [this clip](#) from Newsround.



For ideas on how to talk to your child about balancing screen time check out these [quick activities from ChildNet](#).

Digital Footprints

With more of our lives online than ever, it's worth talking to your child about their digital footprint. Whether it is the recorded video calls and chats in Teams meetings, or a simple search on your laptop browser, all online activity leaves a trace. For more information about digital footprints check out [ThinkUKnow help page](#).





- Mrs Courtenay is the Designated Safeguarding Lead (DSL) in school.
- Mrs Yates and Mrs Gratton are the Deputy Designated Safeguarding Leads (DDSL)
- Mrs Baker is our school Governor with responsibility for safeguarding



The school's website has further information for parents to understand how we safeguard children in school and how parents can support their child/children on learning to be safe

for example,

[-NCSA's Child Protection and Safeguarding Policy](#)



[Operation Encompass- this is a national programme which runs jointly between schools and police forces](#) ensures early reporting to schools that a child/young person has been exposed to domestic abuse

[NSPCC website and specifically the NSPCC PANTS campaign](#) helps children to understand how they keep themselves safe and the PANTS campaign helps parents to talk to children in an age appropriate way about keeping themselves safe from sexual abuse.



- *risk of children/young people being abused and exploited- how to keep children safe*
 - ***child abuse can take a range of different forms.** It is any action by another person (adult or child) that causes harm to a child. It can be defined as physical, emotional, sexual abuse or neglect.
 - ***risk of harm to children/young people is also present in the community**, for example: online safety, cyberbullying, domestic violence and abuse, radicalisation and extremism, child trafficking and modern slavery, County Lines, female genital mutilation, gang activity
 - ***teaching children/young people about how to look after themselves and keep safe-** good physical, emotional and mental health and well-being; being aware of signs and symptoms that may indicate concern for a child; providing time to listen and talk, teaching children about how to keep themselves safe

Devon -

- **Devon Children and Families Partnership** has online information for schools and parents to understand how children may be abused, at risk of exploitation and how we can keep children safe <https://www.dcfp.org.uk/child-abuse/>
- **National organisations to support children**; for example, Childline, NSPCC



Childline <https://www.childline.org.uk/>

Children can speak to a counsellor by calling [0800 1111](tel:08001111) or via [1-2-1 chat](#) between 7.30am and 3.30am every day.

Get help and advice about a wide range of issues, call us on 0800 1111, talk to a counsellor online, send Childline an email or post on the message boards.

www.childline.org.uk



NSPCC

<https://www.nspcc.org.uk/>

Call us or email help@nspcc.org.uk.

[0808 800 5000](tel:08088005000)



[NSPCC | The UK children's charity | NSPCC](#)

The NSPCC is the UK's leading children's charity, preventing abuse and helping those affected to recover. Text CHILDHOOD to 70044 to donate £4.

www.nspcc.org.uk